

Are crooked teeth hereditary?

Increasingly, and often as a result of their own orthodontic treatment experience, parents are forcing the agenda and generating momentum towards non-invasive orthodontics without braces or extracting teeth. Rather than consent to the knowledge their children's teeth may be damaged during a course of traditional treatment and most likely relapse afterwards, they are seeking out less invasive as well as earlier preventive options.

While well-informed parents are beginning to recognise the risks and limitations of braces and extractions and even questioning the long-term benefits of these treatments, often they remain unclear about the causes of their child's crooked teeth. Three in four 21st century children have crooked teeth and often parents, as well as the dental professionals advising them, attribute the cause to hereditary factors where overly large teeth cannot fit into small jaws. However, rather than blame bad genetics for crooked teeth, modern research has produced evidence, which points to other causes.

Teeth do not become crooked by happenstance and the most up to date evidence reveals the majority of orthodontic problems are the result of incorrect jaw development. This restricted development limits the space available for erupting teeth and prevents them from emerging into their ideal natural position. The easiest fix for this problem is to extract permanent, perfectly healthy, teeth then use braces to align the remaining teeth into underdeveloped jaws or use surgery as the final option in cases where the flawed development is extreme. Unfortunately for countless orthodontic patients, these mechanical and invasive options are only able to treat the symptoms of crooked teeth and do not address the incorrect development causing it.

In addition to environmental factors such as the modern diet, this incorrect or inhibited development is in fact the result of poor myofunctional (tongue, cheek and lip functional) habits such as thumb sucking, reverse swallowing and mouth breathing. Fortunately, once the myofunctional causes of crooked teeth and incorrect facial growth have been recognised, early preventive options offer exceptional prospects for natural development and stable results without invasive treatments and these poor habits are easily identifiable in children as young as three to five-years-old.

In addition to catering for the escalating parental insistence on non-traditional treatment options, these options offer non-invasive, earlier and more stable treatments by addressing the causes inhibiting a child's natural facial development as soon as they become evident. Rather than rely on extractions to create extra space for the teeth, braces to force teeth into alignment or surgery to re-shape the jaws, myofunctional pre-orthodontic treatment options are available and can address the problem earlier and far more effectively.

These early, preventive treatment options mean while many of their peers will be just starting to undergo traditional orthodontics, with questionable long-term benefits, children who are treated using these techniques will have undergone a pre-orthodontic option designed to unlock genetic growth potential and straighten teeth naturally. Myofunctional pre-orthodontic treatment methods offer a new and fresh approach to addressing the public demand for modern pre-orthodontic treatment options and provides a more natural approach to straightening teeth much sooner than braces.

Straight teeth the natural way



Are you concerned about your child's crooked teeth?

Do you know there are options other than waiting for braces?

Myobrace Pre-Orthodontic Center[®] offers treatment that can straighten your child's teeth, much sooner and without braces.

This involves wearing a removable *Myobrace*[®] appliance for just a few hours a day and while sleeping.


It's a more 'Natural Approach' to straightening teeth, while your child is still growing. Suitable for children from 5 to 15. Contact us today for your free consultation.*

myobrace[®]
pre-orthodontic
center[®]

Upper Coomera • Robina • Brunswick Heads

*Conditions apply, contact Myobrace Pre-Orthodontic Center[®] for details.

P: **1300 537 727** W: **myobrace.com**

 Find us
on Facebook